

# COMMUNITY SERVICE PROGRAMS



If you'd like to learn more about our programs and how to get involved, please contact our Community Engagement Manager, Linda Bean at [lbean@dolanfund.org](mailto:lbean@dolanfund.org).



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## *Our Mission*

The Kelly Anne Dolan Memorial Fund lightens the burdens and lifts the spirits of families caring for children living with serious and chronic illnesses, conditions, or injuries.

## *Community Programs*

Is your business, school, or community group looking for ways to provide HELP and HOPE to Delaware Valley children living with critical illnesses and disabilities?



We have several **Dolan Team-Guided or Self-Guided Activities** available for you to choose from!

## *Music Therapy Kit*

Music has the power to reduce stress, bring joy, allow for creative expression across ages and ability levels, and create connection despite communication differences. However, despite the proven benefits of music therapy, it is often not covered by insurance.

You and your team can create music therapy boxes that include all the supplies that a parent or caregiver could use at home or in the hospital.

- Assembly instructions
- Materials shipped or team member will bring
- Time: Up to 2 hours
- A link with a video sharing the impact of your team members' service
- Contribution:  
Dolan Team: \$30 per kit, minimum of 10 kits  
Self-Guided: \$25 per kit, minimum of 10 kits

## Art Therapy Boxes

The ability to create something beautiful has tangible benefits on mental well-being. For many of our children who are undergoing long periods of hospitalization, beating boredom, and combating fear are major battles. These children benefit from our art therapy boxes by having a distraction between treatments that allows them to decorate their hospital rooms. For our children with disabilities, art therapy assists in physical and occupational therapies in refining fine motor skills which are essential in mastering skills of daily living such as dressing, hygiene, and feeding, and learning these skills through art makes it fun. Unfortunately, art supplies are not covered by insurance despite their proven benefit in mental health for hospitalized children and skill development in disabled children and are often an expense that our families cannot afford.

You and your team can create art therapy boxes that include all the supplies that a parent or caregiver could use at home or in the hospital to help make these children's lives and the world a little more beautiful.

- Assembly instructions
- Materials shipped or team member will bring
- Time: Up to 2 hours
- A link with a video sharing the impact of your team members' service
- Contribution:  
Dolan Team: \$30 per kit, minimum of 10 kits  
Self-Guided: \$25 per kit, minimum of 10 kits

## Kolbe Overnight Kits

Overnight hospital stays are a scary experience for any kid and caregiver, and they're even scarier when they're unplanned. Five years ago, we absorbed a non-profit called "Kolbe's Hopeful Nights," and we're proud to continue their legacy of making hospital stays more comfortable for children facing in-patient treatment plans. In assembling Kolbe Kits, your team will put together overnight bags for children who go into the emergency room not expecting to be admitted to the hospital and, therefore, are unprepared for an overnight stay. The kits will include

kid-friendly hygiene items, boredom-busters, and a lovey to cuddle. Your team can write notes of encouragement to be included in each bag so your recipient child knows they have people rooting for them! Your team can choose several much-needed and much-appreciated add-ons.

- Assembly instructions
- Materials shipped or team member will bring
- Time: Up to 2 hours
- A link with a video sharing the impact of your team members' service
- Contribution:  
Dolan Team: \$35 per kit, minimum of 10 kits  
Self-Guided: \$30 per kit, minimum of 10 kits  
Optional Add-On: Pajamas for the child (\$10/kit)  
Optional Add-On: Mini caregiver kit for the parent/guardian staying with the child in the hospital (\$7/kit)



## Sensory Boxes

For children and adolescents with neurodivergent brains, sensory tools and toys are one of critical ways to achieve a sense of balance and calm. This is particularly important during stressful situations like during a medical procedure, a fire drill at school, or during periods of major life transition. In addition, many neurodiverse children can more fully participate in a typical classroom and social setting with the help of keeping their hands busy through sensory stimulation. However, high-quality sensory items are often not a budget priority for our families and are not covered by insurance. To create sensory boxes for area neurodiverse students, you get:

- Assembly instructions
- Materials shipped or team member will bring
- Time: Up to 2 hours
- A link with a video sharing the impact of your team members' service
- Contribution:  
Dolan Team: \$35 per kit, minimum of 10 kits  
Self-Guided: \$20 per kit, minimum of 10 kits

## Family Feast and Fun

We have a long tradition of working with community partners in assembling Thanksgiving food baskets. In addition to the staples of a traditional turkey dinner, our baskets include supplies for a family's breakfast and lunch and a gift card for the family to purchase the perishable items from their local grocery. However, one of our social workers shared that the months of January through October are particularly challenging for food-insecure families, and that is especially true in the suburbs where there are fewer food pantry options. We also all know that food costs are rising, and for a family already stretched thin due to the cost of caring for a sick child, food insecurity is a serious concern. So, we want to work with you to make it Thanksgiving all year long. Work with your team to pack up Family Feast boxes that our social workers and health care professionals can give to the families who we serve, making the joy of a family meal a reality for a family during a particularly difficult time.

- Assembly and delivery instructions
- A grocery list for three meal options—Taco Night, Pasta Night, or Breakfast for Dinner—sent two weeks prior to your service project.
- In addition, we suggest including a minimum \$75 donation per family so that we can add a gift card to the most convenient grocery store for the recipient family to purchase perishable ingredients (if you wish to make a larger donation, we know that your families would be grateful)
- No minimum number of feasts required
- Suggested extension—make it a Family Fun Night and include a new copy of your favorite family board game
- A link with a video sharing the impact of your team members' service

